

2011 USDF First Level Freestyle Technical

1	Walk (20m minimum continuous free walk)	
2	Walk (20m minimum continuous medium walk)	
3	10-meter or smaller circle in trot (no smaller than 8m)*	
4	Leg-yield in trot*	2
5	Lengthen stride in trot	
6	15-meter or smaller circle in canter (no smaller than 10m)*	
7	Change of lead through trot*	2
8	Lengthen stride in canter	2
9	Halts at beginning and end of test	
10	Gaits - rhythm and quality	
11	Impulsion - energy, elasticity and engagement	
12	Submission - basic issues of submission, technical aspect of the rider	

*Movements which must be shown on each rein